



TITLE VI NEWSLETTER

October 2024 Issue

WHAT IS TITLE VI?

The Title VI grant is funded to provide a “unique and culturally related” educational experience while ensuring that “Indian students gain knowledge and understanding of Native communities, languages, Tribal histories, traditions, and cultures” and that school leaders and staff who serve Indian students are able to provide them “culturally appropriate and effective instruction”.

Aligning with the CTUIR Education Department mission and goals, Title VI focuses on learning literacy (pinášuk^wat) by connecting the students with their ancestral past through methods that are based in Tribal traditions

The Youth Services team strives to provide the support our students need to succeed by making sure they and families are connected to necessary resources, receiving academic assistance, and are participating in Indigenous Ways of Knowing, with the goal of increasing graduation rates and preparing students for economic sovereignty.

If your student, yourself, or a grandparent is an enrolled member of a Federally Recognized Tribe or Band or if your student is a descendant of a parent or grandparent who meets these requirements, your student qualifies.

A 506 form needs to be completely filled out and returned to your respective Indian Education Coordinator, the school’s front desk, or the Title VI Youth Services Manager. Use the QR code below to access a fillable 506 form:



STUDENT SHOUT OUTS

McKenzie Minthorn - This year McKenzie has come out of her shell and is raising her hand in class to be called on. She has grown a lot in confidence this year.

-Gayla Blankenship Sherwood



Michael Manta - He has done amazing job turning his attitude around and his grades are improving.

- Cara Greene SMS

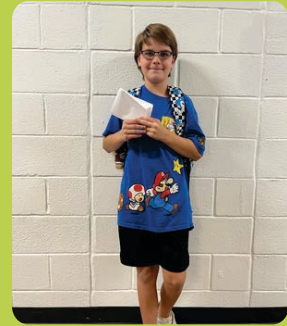
Demiyah Say - She is responsible and respectful! She goes above and beyond with her grades

- Cara Greene SMS



STUDENT SHOUT OUTS

Neyo Wilcher - He is very smart and has been helpful in his classroom. I have witnessed him helping others in the hallway. He is always full of information and facts. He is eager to learn new things and to share his knowledge of things with everyone around him. He is also a really hard worker. He has been amazing to work with. - Wynema Thurman Pilot Rock



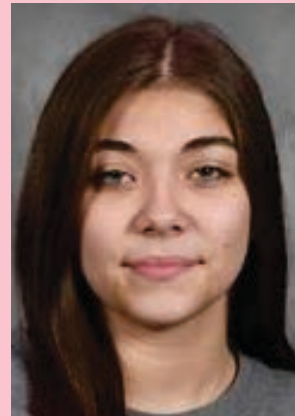
Manaia Wolf - has a big heart and is very active in her schools Native American Club ATINA, as well as she is very active in her community. She participates in the Pendleton Roundup and Happy Canyon alongside her family and friends. She is a true leader and an amazing asset to her school.



- Wynema Thurman Weston McEwen

Neveah Castillo -is it just the beginning her junior year and she is just about to graduate. She is only four credits away from graduation. She also has a part time job! So proud of her.

-Talia Tewawina PHS





Attendance Matters

K-12 STUDENTS LEARNED A LOT LAST YEAR, BUT THEY'RE STILL MISSING TOO MUCH SCHOOL. FAMILIES WILL PLAY AN ESSENTIAL ROLE IN GETTING STUDENTS BACK ON TRACK, RESEARCHERS SAY. BUT IT'S GOING TO TAKE A "CULTURE" SHIFT AROUND THE IMPORTANCE OF BEING IN SCHOOL.

MARCH 14, 2024

PATE, NATALIE. NATIONAL DATA SHOWS HOW OREGON SCHOOL DISTRICTS STACK UP ON CHRONIC

ABSENTEEISM. OPB. 4/2/2024, [HTTPS://WWW.OPB.ORG/ARTICLE/2024/04/02/OREGON-SCHOOL-DISTRICTS-CHRONIC-ABSENTEEISM-RATE/#:~:TEXT=OREGON%20TRACKS%20ATTENDANCE%20DATA%20AS,HOMELESSNESS%20AND%20WHO%20HAVE%20DISABILITIES.9/19/24](https://www.opb.org/article/2024/04/02/oregon-school-districts-chronic-absenteeism-rate/#:~:text=Oregon%20tracks%20attendance%20data%20as,homelessness%20and%20who%20have%20disabilities.9/19/24)

EVERYDAY COUNTS!

Upcoming Events



FAMILY ENGAGEMENT PROGRAM

WEDNESDAY NIGHTS

5:00 pm - 7:00 pm

All Youth and Families welcome!

Family Culture Night

Mission Longhouse
-Mission, OR-

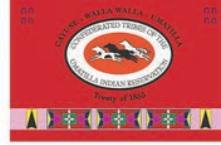
Starting Wednesday, October 2nd, 2024

Practice dancing, singing, and drumming. Cultural activities are planned each week. Dinner provided, community and parent participation is highly encouraged.



FamilyEngagement@ctuir.org

541.429.7889



CEDAR ROOT HARVEST EXCURSION

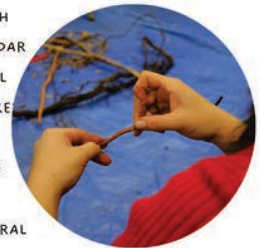
SANDY RIVER, TROUTDALE OREGON

OCTOBER 3 - 6, 2024



- THURSDAY, OCTOBER 3, 2024: 11:00 AM DEPART MISSION FOR TROUTDALE.
- FRIDAY, OCTOBER 4, 2024: CEDAR ROOT HARVEST
- SATURDAY, OCTOBER 5, 2024: CEDAR ROOT HARVEST & PROCESSING
- SUNDAY, OCTOBER 6, 2024: BONNEVILLE DAM & TRAVEL HOME

THIS HARVEST EXCURSION WILL PROVIDE INDIVIDUALS WITH THE OPPORTUNITY TO LEARN HOW TO DIG AND HARVEST CEDAR ROOT. THOSE WHO HARVEST AND PROCESS THE CEDAR WILL AUTOMATICALLY RECEIVE REGISTRATION TO THE CEDAR BASKET WEAVING CLASS IF THEY CHHOSE.. IT'S IMPORTANT FOR THOSE INTERESTED TO UNDERSTAND THIS IS A PROCESS AND REQUIRES, TIME, EFFORT, AND COMMITMENT. IT INVOLVES HARVESTING, PROCESSING AND WEAVING THROUGHOUT SEVERAL SESSIONS.



DCFS is able to assist with lodging, transportation, supplies and fuel. LIMITED participants. REGISTER NOW!

TO REGISTER, CALL FAMILY ENGAGEMENT AT 541-429-7889.

BEHAVIORAL HEALTH FAMILY STRENGTH PROGRAM PRESENTS



YOUTH PAINT NIGHT

with Kenneth Mayfield

September 25, 2024 | 5 PM

Yellowhawk Tribal Health Center

Supplies & snacks provided.

Children 9 years & under must be accompanied by an adult!

J'Shon Thompson
jshonthompson@yellowhawk.org
541.240.8675



RSVP BY
SEPTEMBER 20



Native American Fatherhood & Families Association

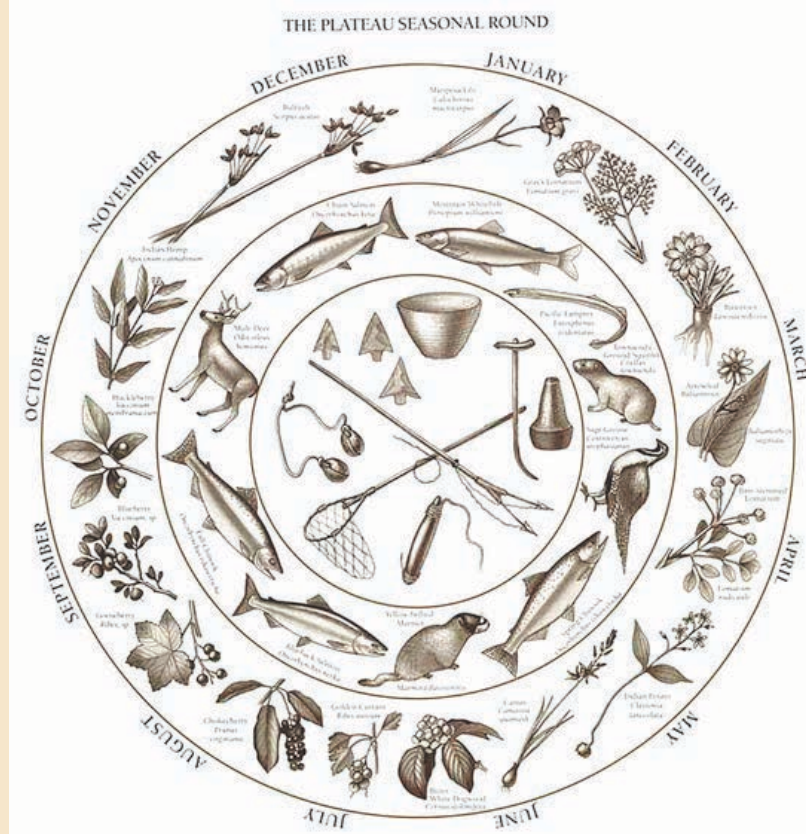


FATHERHOOD IS SACRED[®] MOTHERHOOD IS SACRED[®]

12 Classes: July 2 - December 31
4:30 - 6:30 pm
Yellowhawk

REGISTER BY JULY 1, 2024
541.240.8697

WILDCARE & TRANSPORTATION AVAILABLE. DINNER INCLUDED



Indian hemp is harvested for fiber. The stems are cut in the fall; they are then split open and the long, silky fibers removed. The fibers are then twisted into string which provides cordage. String, thread, rope, baskets, snares, netting, and clothing was made from the bast fibers of the Indian hemp plant because they are so silky yet strong. Cordage was then used to make tump straps, belts, netted bags, hairnets, and ceremonial regalia (capes, skirts, and head-dresses)



Regional Teacher of the Year!



Nixyaawii Community School's Language Arts Teacher Niccole Harrison was named one of Oregon's 18 Regional Teachers of the Year! The nominations are by students, colleagues, admin or friends. A student shared the following words in their nomination: "Ms. Harrison's classroom has always been a place of comfort for me, and she has made it a welcoming setting where I always feel heard, safe and seen..." Congratulations and Keep making a difference Ms. Harrison!!!

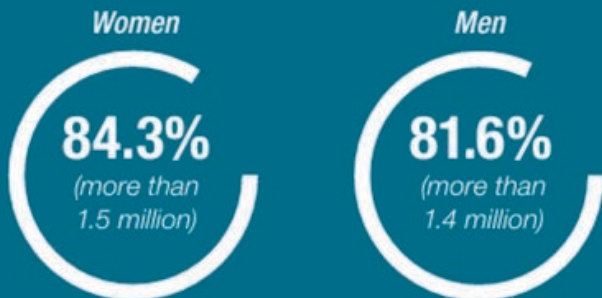


OCTOBER

Domestic Violence Awareness Month

DOMESTIC VIOLENCE (AKA INTIMATE PARTNER VIOLENCE IPV) IS A PATTERN OF BEHAVIORS USED BY A PARTNER TO MAINTAIN POWER AND CONTROL OVER ANOTHER PARTNER IN AN INTIMATE RELATIONSHIP. THESE ARE THE DIFFERENT TYPES OF ABUSE; PHYSICAL, EMOTIONAL, SEXUAL, FINANCIAL, DIGITAL, ALSO SEXUAL OR REPRODUCTIVE COERCION AND STALKING.

Percentages of American Indian and Alaska Native women and men who have experienced violence in their lifetime



STUDIES SUGGEST THAT DOMESTIC VIOLENCE SURVIVORS MAKE UP MORE THAN **84%** OF THE WHOLE US NATIVE AMERICAN POPULATION NATIVES ARE:

2X MORE LIKELY TO EXPERIENCE RAPE OR SEXUAL ASSAULT.

2.5X MORE LIKELY TO EXPERIENCE VIOLENT CRIMES.

5X MORE LIKELIHOOD OF HOMICIDE.

VICTIMIZATION RATES ARE HIGHER FOR AMERICAN INDIANS AND ALASKA NATIVES. THE LIFETIME VICTIMIZATION RATE IS **1.2** TIMES AS HIGH FOR AMERICAN INDIAN AND ALASKA NATIVE WOMEN AS FOR WHITE WOMEN; FOR MEN, IT IS **1.3** TIMES AS HIGH.

Types of Victimization



MEN AND WOMEN ARE VICTIMIZED AT SIMILAR RATES BUT IN DIFFERENT WAYS. AMERICAN INDIAN AND ALASKA NATIVE WOMEN AND MEN HAVE BEEN VICTIMIZED AT SIMILAR RATES (84.3 PERCENT FOR WOMEN AND 81.6 PERCENT FOR MEN).

THEY HAVE EXPERIENCED SIMILAR LEVELS OF PSYCHOLOGICAL AGGRESSION AND PHYSICAL VIOLENCE BY INTIMATE PARTNERS. BUT WOMEN HAVE EXPERIENCED SIGNIFICANTLY HIGHER LEVELS OF SEXUAL VIOLENCE (56.1 PERCENT VERSUS 27.5 PERCENT FOR MEN) AND STALKING (48.8 PERCENT VERSUS 18.6 PERCENT FOR MEN).

Healthy

A healthy relationship means both you and your partner are:

- Communicating
- Respectful
- Trusting
- Honest
- Equal
- Enjoying personal time away from each other
- Making mutual choices
- Economic/financial partners

Unhealthy

You may be in a unhealthy relationship if your partner is:

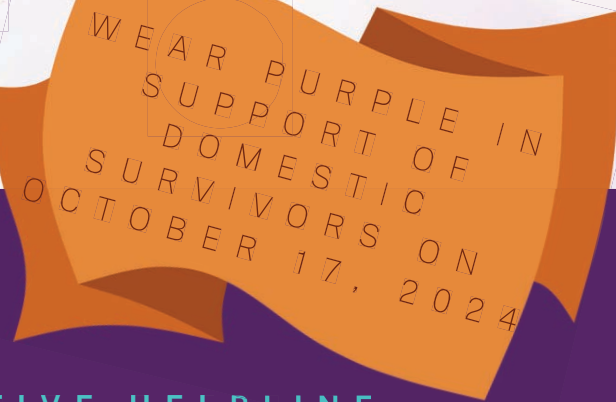
- Not Communicating
- Disrespectful
- Not trusting
- Dishonest
- Trying to take control
- Only spending time together
- Pressured into activities
- Unequal economically

Abusive

Abuse is occurring in a relationship when one partner is:

- Communicating in a hurtful or threatening way
- Mistreating
- Accusing the other of cheating when it's untrue
- Denying their actions are abuse
- Controlling
- Isolating their partner from others

What you do with your body should always be your choice. If your partner does not support you or the choices you make for your body, it may be worth considering whether your relationship is healthy. Remember, any actions that help you feel more comfortable and affirm your identity and individuality are your choices. On the next page are some toxic behaviors you should be aware of.



Resources

STRONGHEARTS 24 HOUR NATIVE HELPLINE

TEXT OR CALL 1-844-7NATIVE (1-844-762-8483) OR STRONGHEARTSHELPLINE.ORG

CALL TO SAFETY:

1-888-235-5333 OR SUPPORT@CALLTOSAFETY.ORG

RAPE, ABUSE, & INCEST NATIONAL NETWORK (RAINN):

1-800-656-HOPE (4673)

NATIONAL HUMAN TRAFFICKING HOTLINE:

1-888-373-7888 OR HUMANTRAFFICKINGHOTLINE.ORG
LOCAL

DOMESTIC VIOLENCE SERVICES, INC.:

1-800-833-1161 SERVING UMATILLA AND MORROW COUNTIES

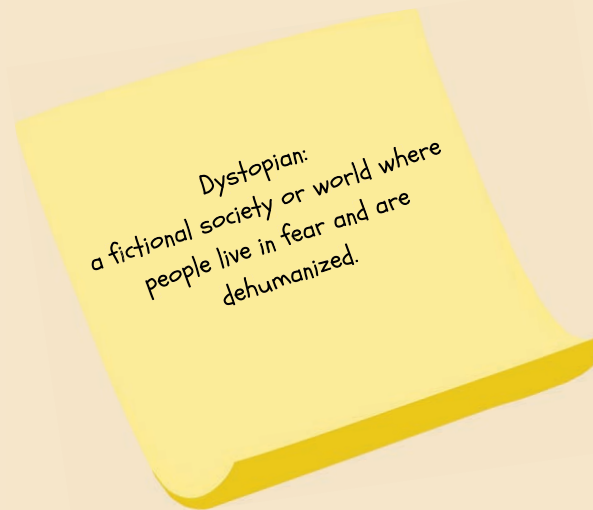
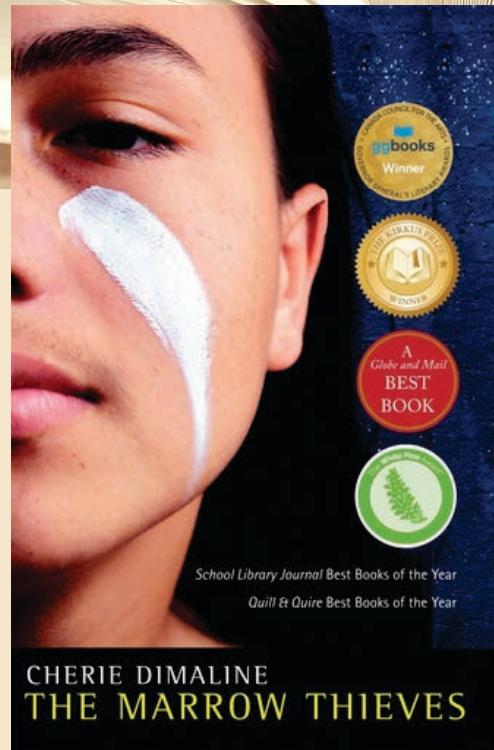
FAMILY VIOLENCE SERVICES OF CTUIR:

541-240-4171 24 HOUR CONFIDENTIAL HOTLINE CTUIR

October Book of the Month

The Marrow Thieves

by Cherie Dimaline



The Marrow Thieves is set in a dystopian world that was ravaged by climate change. The Indigenous people of North America are hunted for their bone marrow, as they are the only people who have the ability to dream. The marrow is harvested using a painful method. We follow some escapees as they travel toward safety. On their journey, they encounter many other fleeing Indigenous people and exchange their tribal stories, ceremonies and songs as a means of strength and motivation. Overall this is a story of hope, resilience as they draw strength from their traditions as they endure the dark times of diversity.

Title VI Youth Services Needs Assessment

One of the reasons Title VI began our newsletters was to provide the community with an inside look of what Title VI does. There seemed to be a lot of confusion, lack of knowledge, and /or unfavorable opinions about Title VI and I have made it my goal to address all of those issues. Our newsletters have been going out since March of this year and have included this opportunity to provide your feedback through this QR code. I have not received one entry as of yet. I do believe that the community should have a say in how our students are supported and I truly do want to hear from you! All entries are anonymous unless you want to be known. **Please use the QR code to take the Needs Assessment so we know how we can better serve the students in our community. OR access the form by using this link:** https://docs.google.com/forms/d/e/1FAIpQLSc8MUN63pNP3crpzmLiBVS4zNxjXBexqhonRbRpXYkRdWVv8A/viewform?usp=sf_link



TITLE VI TEAM

Gayla Blankenship: PELC, Sherwood, Mckay

Cara Greene: Sunridge Middle School

Wynema Thurman: Athena-Weston, Pilot Rock

Talia Tewawina: Teaching Indian Ed classes at Sunridge and PHS, 9th-12th PHS

Rachel Guardipee: Nixyaawii Community School

Phyllis Barret: Washington Elementary School

OPEN: Special Education Coordinator

7 Steps to be an Organized

Student...

The demands of high school, college, grad school, and post-professional school have been growing more intense and more stressful.

Especially with the added pressure to perform well, get into a good college or program, and have a successful career

Remember Self-Care

DON'T WAIT TILL THE LAST MINUTE!.



Here are 7 easy and simple methods you can implement this year to stay organized in school.

1. Start Organizing before the Semester Starts
2. Develop an Organization System & Keep it Simple
3. Find an Academic Planner
4. Write due dates ASAP
5. Track Assignments
6. Prioritize and Plan Workdays
7. Designate a Workplace

The Cherokee Legend of the Three Sister's



The Cherokee Legend of the Three Sisters is a story about Corn, Beans, and Squash, which are seen as the three beautiful sisters because they grow in the same mound in the garden¹². The Corn provides a ladder for the Bean Vine, and they together give shade to the Squash. The Cherokee till the mound three times. The legend involves three women who helped each other stay fed, hydrated and strong on the Trail of Tears, a lesson that the Cherokee used in planting their crops when they arrived in the Oklahoma Territory.