

HOUSING DEPARTMENT NEWSLETTER

Confederated Tribes of the Umatilla Indian Reservation

JUNE 2021

CTUIR Housing Department 541-429-7920

Hours of Operation: 7:30-4 (out to lunch 12:00 to 1:00)

Monday - Friday

The office is closed to the public due to COVID-19.

Please leave a message and we'll return your phone call.

Call UTPD after hours, weekends, or holidays for emergency maintenance issues such as:
no water, no heat/AC, water leaks or damage, dangerous/safety issues.

Housing on-call maintenance staff will be notified. UTPD 541-278-0550

Management:

Marcus Luke II,	Housing Director	541-429-7920
Kenneth Mitchell,	Resident Services Compliance Manager	541-429-7920
Tanner Michael,	Maintenance Manager	541-429-7920

Office:

Heather De Mary,	Resident Services Coordinator	541-429-7928
Tina Baum Habig,	Resident Services Coordinator/Office Assistant	541-429-7927
Kimberly Hughes,	Resident Services Coordinator/Home Inspector	541-429-7937
Penny Bott,	Procurement Officer	541-429-7920
Paula Wagner-Bellingham,	Secretary II	541-429-7920

Maintenance Shop Repairers:

Garrell Moore	Chris Marsh Sr.	Lance Dick	Marcus Conner	KC Picard
Jesse Bronson	Ron Snyder	Tim Cain		

Temporary Lawns Care/Grounds Keeper:

Terence Cowapoo

Temporary Cleaner:

Abel Matamoros



June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 
6 	7	8	9  TREATY DAY	10	11	12 
13 	14  FLAG DAY	15	16	17	18	19 
20  FATHERS' DAY	21  1ST DAY of SUMMER	22	23	24	25	26 
27 	28	29	30			

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CTUIR DIRECTORY:

UTPD 541-278-0550

CTUIR NGC 541-429-7134

CTUIR.org

CTUIR DCFS 541-429-7305

CTUIR Sr. Ctr. 541-240-8700

CTUIR TERF 541-276-4040

Yellowhawk 541-966-9830

Yellowhawk.org

Kayak Transit 541-429-7519

Wildhorse 541-276-6169

Tamastslitk 541-429-7700

Cayuse Tech. 541-278-8200

Mission Mkt. 541-276-9082

Arrowhead 541-276-8080

ASSISTANCE:

CAPECO 541-276-1926

CAPECO-Works.org

CAPECO Food 541-276-5073

UTILITIES:

Pacific Power 888-221-7070

Umatilla Electric 541-567-6414

Cascade Natural Gas 888-522-1130

IF YOU ARE IN A CRISIS, GET IMMEDIATE HELP:

- **CALL 911 for Emergencies**
- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255)
For Spanish: 1-888-628-9454
- **National Domestic Violence Hotline:** 1-800-799-7233
or text: LOVE IS to 22522
- **National Child Abuse Hotline:** 1-800-4ACHILD (1-800-422-4453)
Or text: 1-800-422-4453
- **Disaster Distress Helpline:** Call or Text 1-800-985-5990
(press 2 for Spanish)
- **National Sexual Assault Hotline:** 1-800-656-HOPE (4673)
- **Veteran's Crisis Line:** 1-800-273-TALK (8255) or text: 8388255
- **The Eldercare Locator:** 1-800-677-1116

Lucky 7 New Development Progress 2021

(18 new units by fall/early winter)

So far, there are 6 three-bedroom units: Palm Harbor brand, more storage, better parking, adding exterior sheds, decks to be built for BBQ fun & all NEW!



There are 3 two-bedroom units also with storage, parking, sheds, and decks. Thank you for being patient. Next housing development plans for Nixyaawii & Timine Way North, so stay tuned. Thanks to BOT/GC, all local/regional partners & development team.



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The Eight Principles of a Healthy Home

HUD's Office of Lead Hazard Control and Healthy Homes defines Eight Principles of a Healthy Home.

1 Keep it dry:

Damp homes provide an environment for dust mites, roaches, rodents and molds. All of these can cause or worsen asthma. In addition, moisture can damage the building materials in your home.



2 Keep it clean:

Clean homes reduce pest infestation and exposures to contaminants.



3 Keep it safe:

Injuries such as falls, burns, and poisonings occur most often in the home, especially with children and seniors.



4 Keep it well ventilated:

Having a good fresh air supply to your home is important to reduce exposure to indoor air pollutants and to increase respiratory health.



5 Keep it pest-free:

Exposure to pests such as roaches and rodents can trigger an asthma attack.



6 Keep it contaminant-free:

Levels of contaminants such as lead, radon, carbon monoxide, asbestos, secondhand smoke, and other chemicals are often much higher indoors.



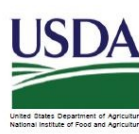
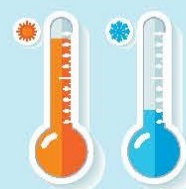
7 Keep it well maintained:

Poorly maintained homes are at risk for moisture, pest problems, and injury hazards. Deteriorated lead-based paint is the primary cause of children being harmed by lead.



8 Keep it temperature controlled:

Homes that do not have balanced and consistent temperatures may place your family at increased risk from exposure to extreme heat, or humidity.



Questions or Concerns about your Healthy Home, Inspections, Pest Control, or need Healthy Home Resources...

Ask for: Kimberly Hughes, Home Inspector at Housing 541-429-7920

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Housing Policy & Procedures



CTUIR HOUSING DEPARTMENT LEASE FRIENDLY REMINDER:

Payroll Deduction and Redetermination of Rent and Dwelling Size

Refer to your CTUIR Housing Lease, Sections VI & VII

VI. Automatic Payroll Deduction Required for All CTUIR Employees.

- A. **CTUIR Employee Defined.** A "CTUIR Employee" is any tenant over the age of 18 who works for CTUIR or any of its entities (Yellowhawk, Cayuse Technologies, Wildhorse Resort and Casino, etc.).
- B. **Automatic Payroll Deduction Required.** Before moving in, all employees of CTUIR and its entities are required to successfully set up automatic payroll deduction for their entire rental payment. The withdrawal amount must include the entire rental payment amount and must remain active throughout the entire tenancy.
- C. **Release of Information.** Tenant agrees to sign a release of information waiver for the Human Resources Department of CTUIR and all of its entities so that the HD can conduct regular searches for each Tenants' employment status.

VII. Redetermination of Rent and Dwelling Size: Tenant agrees to abide by Section 21 – Recertification Process of the AOP.

- A. **Reexaminations are conducted:** 1) annually; 2) immediately upon change of Tenant's financial circumstances or family composition; or 3) as requested by the Housing Director.
- B. **Tenant agrees to notify the HD immediately of any changes to:** income, employment status, and family composition.
Contact your Resident Services Coordinator for questions.

STREET LIGHT IS OUT?

Here's how to report a damaged or non-working street light:

1. **Locate the number plate on the pole**
2. **Take a picture or write down the information from the plate.**
3. **Find the closest house address to the pole and write it down.**
4. **Call Housing Department and give us the above information.**
5. **The appropriate utility company will be notified by Housing Department.**



Maintenance Shop Reminders:

- ⇒ Keep yard areas clear of toys, trash, hoses, and other objects so that Yard Crew can mow safely.
- ⇒ You may be charged an excess garbage fee from TERF if your canister can not close, or if you set items outside your can.
- ⇒ If you have large items in need of disposing, please utilize the "Spring Cleaning" Trailers parked in your neighborhood. Note: Some trailers are specific to tenants who are paying for them, Do NOT throw your trash in trailers parked in driveways.
- ⇒ COVID-19 Guidelines for screening before Work Orders is still in effect. Please follow the guidelines: 1) No one in the household have shown symptoms in the past 2 weeks. 2) Sanitize the area to be worked in by Housing Crew. 3) Social distance appropriately. **Households on quarantine will not be entered, and must wait 2 weeks of completion of quarantine.**
- ⇒ One hose and one sprinkler can be provided per household.

CALL HOUSING OFFICE FOR QUESTIONS

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CTUIR Human Resources Job Openings:

Website: <https://ctuir.org/career-opportunities/>

Phone: 541-429-7180

Email: HumanResources@ctuir.org



Pamáwaluukt Empower Program

Lorene Broncheau,

Staffing & Recruitment Specialist

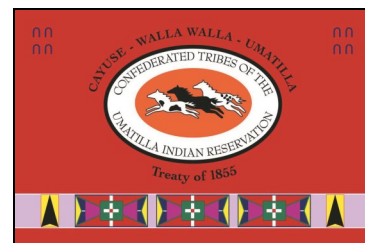
541-429-7185

Assisting Tribal Member Applicants with job search process, application packet review, resume and cover letter review, revision, & interview counseling.

"We love our country - it is composed of the bones of our people and we will not part with it." Cayuse Delegation Treaty of 1855

In 1855 the three tribes signed a treaty with the US government, in which it ceded over 6.4 million acres to the United States. In the treaty, the tribes reserved rights to fish, hunt, and gather foods and medicines such as roots and berries, and pasture livestock on unclaimed lands. Tribal Members continue to exercise these rights throughout the CTUIR's area of traditional use, which extends to and beyond harvesting fish at Willamette Falls in Western Oregon to hunting buffalo in the Greater Yellowstone Area, as they have since time immemorial.

It's important to practice culture all the time, to dig roots/pick berries/fish/hunt/speak Sinwit & be Natitayt everyday.



YELLOWHAWK
TRIBAL HEALTH CENTER

YELLOWHAWK TRIBAL HEALTH CENTER IS HIRING

TO APPLY FOR OPEN POSITIONS
APPLY ONLINE AT
[YELLOWHAWK.ORG/CAREERS](https://yellowhawk.org/careers)
QUESTIONS CALL:
541-240-8713



YELLOWHAWK
TRIBAL HEALTH CENTER

Location: 46314 Timíne Way
Pendleton, OR 97801

Mailing: PO Box 160
Pendleton, OR 97801

Phone: (541) 966-9830
Medical Records Fax: (541) 240-8751

info@yellowhawk.org

**Callers with life-threatening
emergencies call 911 or visit the
nearest Emergency room
immediately.**



MEN'S HEALTH CHECKLIST

- **wellness check-up**
annually for preventive care and screenings
- **colonoscopy**
at age 50 and every 10 years
- **blood sugar test**
screening for diabetes every 3 years or more depending on risk factors.
- **eye exam**
every 1-2 years including cataract, glaucoma, and macular degeneration check
- **heart health**
starting at age 20 blood pressure check every 1-2 years & cholesterol every 4-6 years.
- **prostate health**
50 years and older
- **immunizations**
discuss with provider at annual wellness check-ups

Schedule your appointments now.
Yellowhawk Tribal Health Center 541.966.9830



YELLOWHAWK

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DRINK
MORE
WATER



Sleep good
feel good



HEAT STROKE

SIGNS AND SYMPTOMS

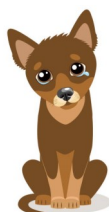
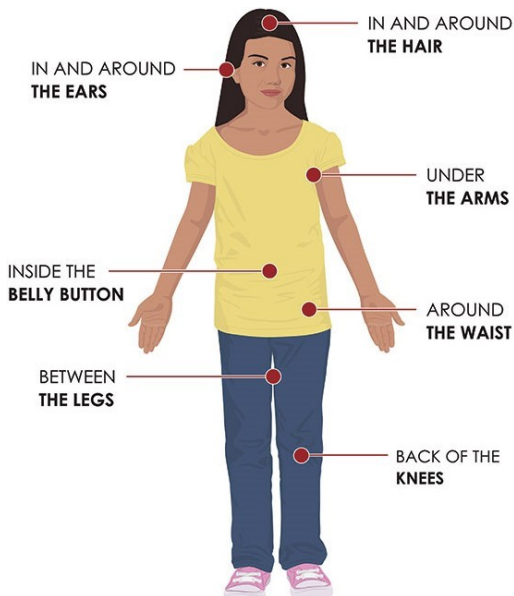
Warm flushed skin
Faintness
Dizziness
Weakness
Headache
Very high fever of 41° C
Rapid heartbeat
Convulsion
Unconsciousness



CHECK FOR TICKS!

Many things are taking us outside to the hills, and on the waters. Check yourself, your kids & pets.

Ticks can cause serious illness!



COOKOUT!

GOOD
BBQ
PRACTICES



Perform a thorough safety inspection before lighting the grill

Never use a grill in an enclosed space

Only use an approved charcoal lighter fluid to start a charcoal-fired grill, and never add any flammable liquid to a burning fire

Follow manufacturer's instructions for lighting gas grills

Keep grills away from houses, fences, trees and anything else that's flammable

Don't wear loose clothing when cooking on a grill

Make sure the fire is out when finished cooking

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CONGRATULATIONS TO ALL GRADUATES!

Athena/Weston Graduation: May 27th

Pendleton High School Graduation: May 29th

Nixyáawii Graduation Parade: June 3rd & Commencement: June 4th

Pilot Rock Graduation: June 5th

Blue Mountain Community College Graduation Parade: June 10th



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Cay-Uma-Wa Head Start Program

Open enrollment is open for school year 2021-2022! Request an application by calling 541-429-7843.

We are recruiting for the Head Start school year 2021-22.

Cay-Uma-Wa Head Start offers:

- Comprehensive preschool program with kindergarten readiness as our main goal for ages 3 –5
- Curriculum that encourages children to develop good personal, healthy habits and social development
- Cultural activities that promote self-esteem
- We can also offer distance learning with tablets. This means your child(ren) can learn at home



AMERIND is a 100% Tribally owned and operated insurance provider committed to Indian country, with over 400 tribes united to create it. It provides liability, auto, & workers' compensation for Tribes, Tribal governments & Tribal businesses as well as individual property coverage for Tribal members.

1-800-352-3496 Amerind.com



AMERIND Risk
Tribes Protecting Tribes