

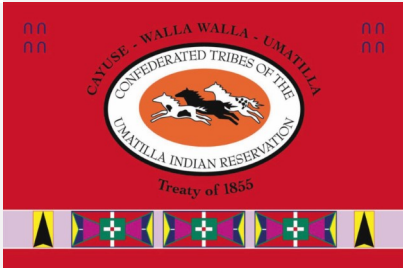
AUGUST



Housing office open Mon-Fri: 7:30-4:00 (closed 12:00-1:00 for lunch)

Phone: 541-429-7920 Email: housing@ctuir.org
Leave a message and we will call you back.

Emergency work orders (after hours, weekends & holidays): Call UTPD 541-278-0550
Maintenance Staff will be notified.



HOUSING DEPARTMENT STAFF

Resident Services:	Kenneth Mitchell, Heather De Mary, Kimberly Hughes, Tina Baum
Administration:	Paula Wagner-Bellingham
Procurement:	Penny Bott
Maintenance:	Tanner Michael, Lance Dick, Garrell Moore, Chris Marsh Sr., Marcus Conner, KC Picard, Tim Cain, Ron Snyder, Herbert Klatush
Grounds keeping:	Tiya-Po Farrow, Anthony Lavadour
Bolster Lead:	David McKay

Complete an application for Emergency Rental Assistance.
Get help with rent and utilities
(Home owners NA)



UPDATED ELIGIBILITY CRITERIA:

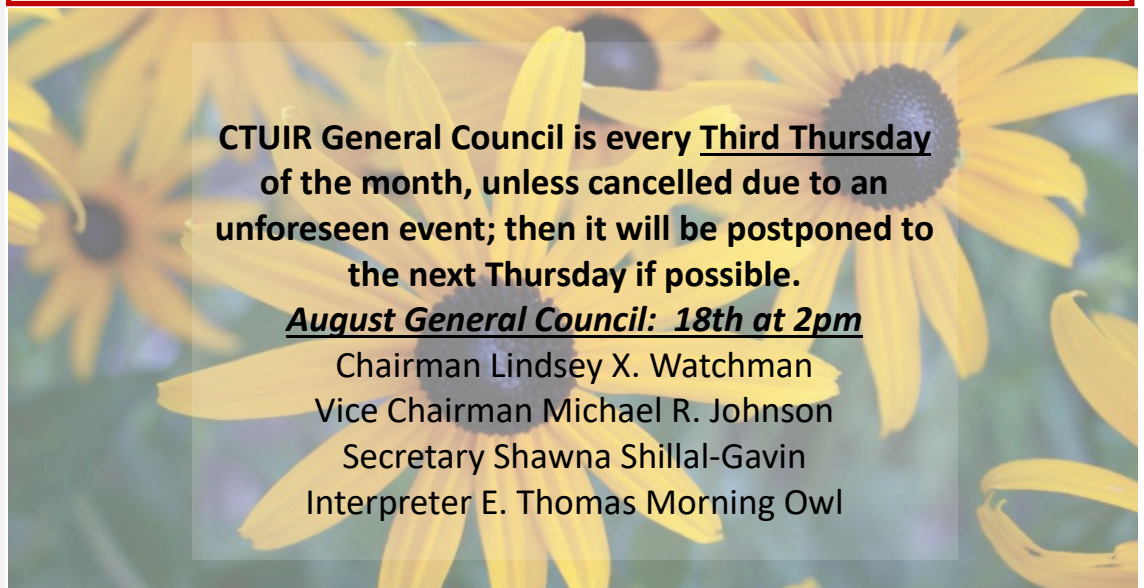
- Must be age 18 years or older
- Must live within the counties of...
Umatilla, Morrow, Union, Wallowa, Wheeler, Grant, Baker, Union, Walla Walla, Malheur, Benton, Franklin, Columbia and Garfield
- Or** be a CTUIR Enrolled Tribal member living in the United States.
- Have experienced housing instability or homelessness
- Have a household adjusted income of less than 80% of the median income

Applications available at Housing Department; 51 Umatilla Loop; Pendleton

CONFEDERATED TRIBES OF THE UMATILLA INDIAN RESERVATION

HOUSING DEPARTMENT

HD Newsletter



CTUIR General Council is every Third Thursday of the month, unless cancelled due to an unforeseen event; then it will be postponed to the next Thursday if possible.

August General Council: 18th at 2pm

Chairman Lindsey X. Watchman

Vice Chairman Michael R. Johnson

Secretary Shawna Shillal-Gavin

Interpreter E. Thomas Morning Owl

AUGUST



HOUSING COMMISSION

If you have comments or concerns,
please feel free to send an email to
the Housing Commission at:

housingcommission@ctuir.org

Chairperson: Lindsey Watchman
Members: Melinda Alexander
Cami Lewis
Katrina Burnside
(Advertising for one open position)

*Meetings are
the 1st and 3rd Tuesdays of each
month from 1 to 3 pm*

CTUIR COMMUNITY PICNIC IS BACK

August 11th 4pm-7pm

**BBQ ~ Games ~ Raffle Prizes
Fun for Everyone**

See You there!

To Volunteer or Donate

Call Housing Department 541-429-7920

Timine Way North Apartments Construction Site More Information Coming Soon!



30 new units in total - 3 complexes - 1 bedrooms, 2 bedrooms & studios

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IMPORTANT INFORMATION FOR HOME OWNERS SEEKING EMERGENCY REPAIR ASSISTANCE

From CTUIR Housing Department:

Home owners that are in need of urgent repair to their home, such as septic pumping, plumbing or electrical issues, etc.

Please follow these guidelines:

- ◆ The home owner must be of Elder age (65 and above).
- ◆ The home owner must be CTUIR Enrolled.
- ◆ Submit an Emergency Homeowner Assistance application to Housing Department before assessment of repairs.
- ◆ The home owner must live in the residence requesting repairs.
- ◆ The home owner is not guaranteed assistance, and the applicants must meet program requirements.



TERF
TRIBAL ENVIRONMENTAL RECOVERY FACILITY

WILL BE CLOSED FOR CONSTRUCTION

JULY 29 - AUGUST 2, 2022

DAILY ROUTES WILL REMAIN ON SCHEDULE

Nixyáawii Neighborhood Questions?

Sorry, Housing Department does not have the answers...

Please check out the website or call
Nixyáawii Community Financial Services.

Informational Sessions available now!

<https://nixyaawii.com>

541-304-2387



WATER USAGE FOR LAWNS/GARDENS

Please consider the following when watering lawns and gardens...

Watering in low humidity, high temperatures, and windy conditions will cause the evaporation and transpiration of water from the soil— meaning you will need to water more frequently which causes a waste of our water resource.

The best time to water is from 5:00 am to 9:00 am. The early-morning time allows water to soak deeper with less evaporation waste, and can help prevent diseases in the lawn and/or garden.

Don't apply water to the point of run-off, or puddling.
Don't water unnecessary areas such as sidewalks, streets, or driveways. Put a timer on your sprinklers, or set your alarm to remember to turn it off.

Finally, if you see a sprinkler on "too long", just ask your neighbor about it, because maybe someone simply forgot to turn it off- and they will thank you for caring.



YELLOWHAWK
TRIBAL HEALTH CENTER

Cay-Uma-Wa Headstart Physicals

August 3 | 8 am - 4 pm
August 17 | 8 am - 4 pm
August 31 | 1 pm - 4 pm

We encourage patients to bring the physical form provided by headstart with them to the appointment, however will have extras if needed.

Interested parents should call Tina 541.240.8465 or Julie 541.240.8416 to get their child scheduled.

AUGUST



Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation.

For more information, visit www.firstnations.org.

To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.



Financial Journey

Dear Dr. Per Cap:

My spouse and I are trying to get our finances in order but he's impatient and complains it's taking too long. How can I help him see the forest for the trees?

*Signed,
The Patient One*

Dear Patient One,

Many people grow impatient when dealing with personal finances. And contrary to what some of the “financial gurus” on YouTube claim – some money challenges take time to fix.

Paying off debt, saving for a big down payment, or raising a low credit score can often take months or years to accomplish. Remember that most financial setbacks don't happen overnight so it's unrealistic to think they can be resolved in a snap.

The secret lies in a person's attitude. Nearly any worthwhile endeavor that improves a person's life will take time. Earning an education, getting into shape, or learning a new skill are all goals that require a significant investment of not only effort but also time.

Here's what your spouse needs to understand. Life is a journey not a destination. Half the fun of achieving a challenging goal is how the process transforms you. Every day you learn more about yourself as you grow and gain a firmer understanding of what you're seeking to accomplish and why.

Think of what it takes to learn to play a sport or a musical instrument. What makes those skills so special is the fact that not everyone has them and the effort it takes to acquire them.

Managing money is a skill too and one that offers just as many opportunities for self-reflection and growth. Please encourage your spouse to think of financial wellness as a journey as opposed to just a means to an end. As you both keep plugging away you'll only become more committed and enthused as your finances improve. Then one day you'll wake up and find yourself right where you want to be.

Today the goal might be to save \$500. In a few months you're working towards \$2,500. Then it's \$5,000. Each one of those goals is meaningful and significant when viewed from the right frame of mind.

Best of luck!

Nixyaáwii Community School first day for students ----- August 22

nixyaawii.k.12.or.us

Pendleton Schools first day for students----- August 30

pendleton.k.12.or.us

Pilot Rock Schools first day for students----- September 6

pilotrock.k12.or.us

Athena-Weston Schools first for students----- August 29

athwest.k12.or.us



AUGUST



REPORTING CONCERNS/COMPLAINTS vs. CALLING UTPD:

Always call UTPD if you witness trespassing, violence, property destruction, cars illegally parked, disturbances, or otherwise unlawful behavior! Housing doesn't have the authority to legally respond to and intervene in these issues.

However; lease compliance violations, or Admissions & Occupancy Policy violations are issues that Housing Department staff can respond to. These types of "complaints" or concerns from tenants are always taken seriously and are investigated and/or evaluated appropriately. We appreciate the efforts made by tenants to make issues of concern known.

Tenants/residents with concerns, complaints, or just want Housing staff to know something in general, are welcome to complete a Comment Card— which are available at the Housing office.



FRIDGE PHONE NUMBERS

Animal Control (UTPD)	541-278-0550
Arrowhead	541-276-8080
BIA	541-278-3786
CAPECO	541-276-1926
Cayuse Tech	541-278-8200
Court	541-429-1970
DCFS	541-429-7300
Enrollment	541-276-7035
Governance Center	541-429-7134
Human Resources	541-429-7180
Kayak	541-429-7519
Mission Market	541-276-9082
Nixyáawii Financial Sv.	541-304-2387
Senior Center	541-240-8700
Tamastlikt	541-429-7700
TERF	541-276-4040
UTPD	541-278-0550
Veterans Svc. Rep.	541-429-7389
Wildhorse	541-278-2274
Wildhorse Shuttle	541-966-1930
Yellowhawk	541-966-9830
Cascade Nat. Gas	888-522-1130
Pacific Power	888-221-7070
Umatilla Electric	541-567-6414

Heat Exhaustion

Get medical attention if symptoms get worse or last longer than one hour. Cool the body with:



- Cool, nonalcoholic beverages
- Rest
- A cool (not cold) bath, shower, or sponge bath
- Moving to an air-conditioned room
- Wearing lightweight clothing



immediately if symptoms are severe or if victim has heat problems or high blood pressure

<http://emergency.cdc.gov/disasters/extremeheat/>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

WHAT **NOT** TO FLUSH



CTUIR Housing
Department
541-429-7920
housing@ctuir.org

ONLY FLUSH TOILET PAPER 

NEVER flush these items down
the toilet!

- Baby wipes and diapers (**including those labeled "flushable"**)
- Prescription drugs/non prescription drugs
- Rags, sanitary wipes or paper towels
- Cotton swabs and cosmetics pads
- Plastic bags, rubber gloves, condoms
- Syringes, needles and razor blades
- Candy and other food wrappers
- Clothing labels
- Cleaning sponges
- Toys
- Plastic items of any type
- Aquarium gravel
- Kitty litter (**including those labeled "flushable"**)
- Cigarette butts
- Sanitary napkins, tampons and applicator
- Hair
- Underwear, any clothing
- Disposable toilet brushes



EVEN IF IT SAYS IT'S "FLUSHABLE"... DON'T DO IT!