

# August

2025

51 Umatilla Loop; Pendleton, Oregon 97801



## Housing Department

**Office Hours are Monday through Friday**  
 7:30 AM to 12:00 PM (*lunch*) 1:00PM to 4:00 PM  
 Office is closed for Federal and Tribal holidays.  
**Phone: 541-429-7920**  
*If there is no answer, please leave a message and your call will be returned as soon as possible.*  
**Email: [housing@ctuir.org](mailto:housing@ctuir.org)**



### Office Personnel:

Paula Wagner-Bellingham, Secretary II.....541-429-7920  
 Tina Baum Habig, Resident Svc. Coordinator/Office Assistant.....541-429-7927  
 Heather De Mary, House Inspector/Rental Coordinator.....541-429-7928  
 Penny Bott, Procurement Officer  
 Mary Stewart, Office Assistant

### Maintenance Repairers:

Garrell Moore, Chris Marsh Sr., KC Picard, Bert Klatush, Lance Dick, Leo Wells Jr.  
 Ron Snyder

### Lawns Care/Grounds Keepers:

Jason Butler, Audwin Minthorn

### Management:

Kenneth Mitchell, Resident Svc./Compliance Manager  
 Tanner Michael, Maintenance Manager  
 Marcus L. Luke II, Housing Director



## Annual Community Picnic

*Save the Date!*

Thursday, August 14, 2025

4:00 pm to 7:00 pm

July Grounds

Mission, OR

*Volunteers Requested to*

*Call CTUIR Housing, 541-429-7920*



**Unity, friendship, games, raffle, vendors, great food!**

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## School is about to begin. PUBLIC SAFETY REMINDER



**Drivers, be on alert for kids in the morning and afternoon.**

Drive cautiously, and follow speed limits around schools and bus stops. Stop when you see bus lights flashing in front of you, and remember buses stop at all railroad crossings.

If you witness inappropriate or sketchy behavior from strangers at bus stops, or enroute to bus stops please call the appropriate authorities.

Pets and/or service animals walking with their families must always be on a leash. Safety first, for the children, and to the animal.

## Staffing Changes in Housing

Our Housing office had some staffing changes in the past few months. We apologize for any inconvenience the transitions have caused. Please know that our main priority is to our tenants.

At this time, we are trying to ensure Annual Recertifications and leases are correct and up to date for the Low Rent/Income Based and Tax Credit/HOME households.

Tina is the Low Rent/Income Based coordinator, and is also covering for the Tax Credit/HOME program.

Heather DeMary is no longer a Resident Services coordinator, but is the rental coordinator for Timine Apartments, Lucky 7, and Scattered Sites. She is also our Home Inspector. Those tenants that were under Heather's case management are now under Tina's.

Mandee Adams is no longer with Housing, as she has transitioned to another department. We are enthusiastic for the next addition to our department, and will update when we have more information.

Thank you for your understanding.

Keny Mitchell, Resident Services/Compliance Manager  
Tina Baum, Resident Services Coordinator/Office Assistant  
Heather DeMary, Home Inspector/Rental Coordinator

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## REMINDERS FOR A CLEAN AND HEALTHY HOME

- ⇒ Clean food and drink spills with soapy water as soon as an accident occurs. Don't leave it.
- ⇒ Put all trash into a lined trash can with a lid and regularly dispose of it into the roll cart for garbage day.
- ⇒ Do not store trash and recycling in the house or carport.
- ⇒ Rinse and place dirty dishes in the sink to be washed or immediately wash and dry them.
- ⇒ Store sugar, flour, rice, beans and other grains in tightly sealed plastic or glass containers.
- ⇒ Remind teenagers and children to not take drinks and food into their bedrooms.
- ⇒ Pick up soiled laundry and blankets. (Wet, soiled laundry may also grow mold and mildew if left unattended.)
- ⇒ Use the ventilation fans in the bathroom and kitchen, or open windows to help eliminate moisture build-up in tight-closed rooms. Too much moisture can cause mold or mildew to grow.
- ⇒ Don't take the screens out of the windows, and report damaged screens.
- ⇒ Bag and dispose of animal hides, carcass and bones appropriately.
- ⇒ Clean up feces and urine caused by animals, immediately with hot soapy water. Do not allow urine to soak into flooring and floor trims.
- ⇒ Clean up animal feces from yards and public areas.
- ⇒ Do not allow animals to cause destruction or damage to any part of Housing units or property.



**HELP**

Keep our children safe while they play,  
by keeping glass out of the parks,  
basketball courts and pathways!



### VETERANS RESOURCES

[www.va.gov](http://www.va.gov)

**Sam Spino**  
**Veterans Coordinator**  
541-429-7389  
SamSpino@ctuir.org

Nixyaawii Governance Center  
46411 Timine Way  
Pendleton, OR 97801



**Jonathan M.  
Wainwright  
Memorial VA  
Medical Center**

77 Wainwright Drive  
Walla Walla, WA  
99362

509-525-5200  
[www.va.gov/walla-walla-health-care/](http://www.va.gov/walla-walla-health-care/)

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**Income Limits.** Income limits are updated every year. Income limits determine the eligibility of Low Rent/Income Based and Tax Credit program housing. *If an applicant's annual household income is above the limit, for the number in the household, they would not be eligible for assistance in these programs.*

**Program Income Limits for the year 2025 are as follows:**

Index Housing – Huckleberry St.: Income must be between 50% to 80% Median Family Income							
1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
\$36,470 to \$53,352	\$41,680 to \$66,688	\$46,890 to \$75,024	\$51,200 to \$83,360	\$56,268 to \$90,029	\$60,436 to \$96,698	\$64,604 to \$103,366	\$68,772 to \$110,035
Low Rent NAHASDA: Income must be below 80% Median Family Income							
1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
\$53,352	\$66,688	\$75,024	\$83,360	\$90,029	\$96,698	\$103,366	\$110,035
LIHTC (Tax Credit): Income must be below 60% Median Family Income							
1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
\$40,800	\$46,620	\$52,440	\$58,260	\$62,940	\$67,620	\$72,300	\$76,920
LIHTC (Tax Credit)-HOME: Income must be below 50% Median Family Income							
1 Person	2 Person	3 Person	4 Person	5 Person	6 Person	7 Person	8 Person
\$28,500	\$32,600	\$36,650	\$40,700	\$44,000	\$47,250	\$50,500	\$53,750

*But, current households are not penalized for going over the income limits after the first 12 months of being determined eligible when they first moved into their program.*

August 2025				
Nicht-Yow-Way Senior Center   541.240.8700   yellowhawk.org/senior-center				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>CTUIR Elders 55+ and Caregivers: Free</b> <b>All Guests &amp; Children: \$5.00</b> <i>*Aug. 11 cost will be \$8.00</i>	<b>LUNCH SERVED:</b> <b>Monday - Friday</b> <b>11:30 - 1 pm</b>		1 Lemon Pepper Tilapia Wild Rice Mixed Veggies Pea Salad Fruit
4 Chicken Sandwich Sweet Potato Fries Cucumber Tomato Salad Fruit	5 Pork Roast Mashed Potatoes & Gravy Mixed Veggies Patio Salad Melon Cup	6 Fish & Chips Green Beans Coleslaw Fruit	7 Beef Minestrone Soup W/W Roll Green Salad Ice Cream Cup	8 Spaghetti & Meatballs Breadsticks Vegetable Salad Fruit
11 Pork Chop Au Gratin Potatoes Cauliflower Spinach Salad Fruit	12 Grilled Cheese Tomato Soup Veggie Cup Fruit Cup	13 BBQ Chicken Rice Pilaf Corn on the Cob Salad Fruit	14 Baked Salmon Steamed Rice Broccoli Coleslaw Lemon Cheesecake	15 Beef Stroganoff Brussel Sprouts Pea Salad Fruit
18 Hamburgers Macaroni Salad Baked Beans Veggie Cup Fruit	19 Cheddar & Broccoli Soup Ham Sandwich Caesar Salad Coconut Cake Fruit Cup	20 Chicken Tetrassini Breadstick Peas Spinach Salad Fruit	21 Chili Frybread Green Salad Mixed Berries	22 Scrambled Eggs Sweet Potato Hash Bacon Yogurt Fruit
25 Sloppy Joes Tater Tots Roasted Asparagus Patio Salad Fruit	26 Chicken Waldorf Salad Cheese & Crackers Veggie Cup Frozen Fruit Dessert	27 Beef Enchilada Casserole Black Beans & Rice Green Salad Fruit	28 Salmon Patties Potato Wedges Peas Coleslaw Berry Poundcake	29 Meatloaf Mashed Potatoes & Gravy Green Beans Power Slaw Fruit

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CAPECO

## CTUIR MEMBERS: APPLY NOW FOR ENERGY ASSISTANCE!

**Don't let high utility bills stress you out!** The Low-Income Home Energy Assistance Program (LIHEAP) is here to help Tribal members keep their homes comfortable and safe year-round.

If you haven't received LIHEAP assistance this year, you may still be eligible. This vital program supports your heating, cooling, and utility needs.

### ✓ Are You eligible?

- ✓ CTUIR members who haven't received assistance during the current program year
- ✓ Meet program income guidelines

Program Year: October 1, 2024- September 30, 2025

### ● Ready to apply:

(541) 276-1926 to schedule an energy appointment

[www.capeco-works.org](http://www.capeco-works.org)

📍 211 SE Byers Ave, Pendleton, OR 97801

## PROJECT Community Connect

Friday, October 3, 2025  
10 am - 2 pm

The Salvation Army  
150 SE Emigrant Ave, Pendleton, Oregon

This event brings resources together to serve all community members in need.

*If you have any questions, please contact Robbin Swales, at 541-240-7420 or email [rswales@capeco-works.org](mailto:rswales@capeco-works.org)*

### The services we expect to have available at the event:

- Employment & Adult Education Services
- Haircuts
- Legal Help & Information about Expungement
- Supportive Services (Mental Health, Disability, Domestic Violence, DHS & more!)
- Pet Care
- Veterans' Services
- Health Screenings & Oregon Health Plan Application Help
- Housing Resources
- Children's Programs (Head Start, WIC & more!)
- Giveaways and Hygiene supplies
- Free Flu Shots by Good Shepherd Hospital

HOME4HOPE

CAPECO  
COMMUNITY ACTION PROGRAM OF EAST CENTRAL OREGON



**BACK TO SCHOOL SUPPLY DRIVE!**

HOSTED BY BEHAVIORAL HEALTH FAMILY STRENGTH PROGRAM

**AUGUST 1-15**

**COLLECTION BIN LOCATIONS:**  
Yellowhawk Tribal Health Center & Nixyaawii Governance Center

**SUPPLIES NEEDED:**

- Ticonderoga Brand #2 Pencils
- Black or Blue Ink Pens
- Loose Leaf Lined Paper
- Spiral Notebooks
- Composition Books
- Pocket Folders
- Highlighters
- Pink Erasers
- Glue Sticks
- Black Dry Erase Markers
- Pencil Pouches
- Earbuds/Headphones

Contact J'Shon Thompson  
541.240.8675 or  
[jshonthompson@yellowhawk.org](mailto:jshonthompson@yellowhawk.org)

**SUPPLIES TO BE DISTRIBUTED AUGUST 21ST TO LOCAL STUDENTS.**

**YELLOWHAWK TRIBAL HEALTH CENTER**

**Back to School**  
**Pendleton: August 26th**  
**Nixyaawii: August 18th**  
**Pilot Rock: August 25th**  
**Athena Weston: September 2nd**

BEHAVIORAL HEALTH FAMILY STRENGTH PROGRAM PRESENT

**BACK TO SCHOOL**  
**SUPPLY DISTRIBUTION & HAIRCUTS**  
**AUGUST 21**

**4-6 PM | MISSION LONGHOUSE**

**YELLOWHAWK ELIGIBLE YOUTH**

More information, contact J'Shon Thompson at 541.240.8675 or Sierra Quaempts, 541.240.8677