

September

2025

51 Umatilla Loop; Pendleton, Oregon 97801



Vendors that took the time to share resources:

- Tribal Departments of CTUIR; CUJ, HeadStart, Title VI, Education, UTPD/UTFD, TERO, DNR-CRPP/Water Resources, Family Engagement, HR, Communications, Domestic Violence, Tamastslikt Cultural Institute
- Nixyaawii Community Financial Services
- Yellowhawk Tribal Health Center's Community Public Health, Dental, Records & Behavioral Health
- Oregon Division of Financial Regulation
- Whitman College
- Eastern Oregon University
- Forest Service Umatilla National Forest
- Pendleton Mobile Library
- Oregon Energy Trust
- The STAR Project
- Umatilla Electric Cooperative
- CAPECO
- AISES-CRPC
- Cayuse Native Solutions
- Bonneville Power Administration
- Oregon State Fire Marshall

THANK
YOU

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**We will be
CLOSED**

CTUIR offices & Housing will be CLOSED the following days:

Monday, September 1st ~ Labor Day

Wednesday, September 10th ~ Round Up

Thursday, September 11th ~ Round Up

Friday, September 12th ~ Round Up

SCHOOL IS BACK IN SESSION



DRIVE SAFELY

Reminders:

- ⇒ Start pre-Fall clean up of yard and carport
- ⇒ Recycle, don't let it clutter carport, patio, entryways and yard areas
- ⇒ Put away seasonal items
- ⇒ Let us know if there is destruction, damage, or graffiti to the basketball courts or play equipment
- ⇒ Only furniture made for outdoors should be on porches or carports. Call for a work order to haul away unused indoor furniture if you are unable to tend to it yourself.
- ⇒ Do not remove smoke detectors and carbon monoxide detectors. These are safety items that should always be in working order and in place, and tenants could be charged if damaged.
- ⇒ Breezeways at Timine Apartments are to be clear from all clutter, storage, trash, and personal items except entryway carpet or mat.
- ⇒ Bicycles should be stored in racks at Timine Apartments, not in breezeways or on sidewalks.
- ⇒ Parking is limited in all areas of Housing, and tenants must abide by the 2 vehicle limit.
- ⇒ No parking in grass or yard areas.

Where does it go?

STEP 1 Cool oil/grease

STEP 2 Remove oil/grease from pots and pans

Small amount
oil & grease



Wipe with paper towels
or newspaper



FOOD & COMPOST

Large amount
oil



Pour cooled oil
into container, close lid



Place **NEXT** to
RECYCLE cart

Large amount
oil & grease



Scrape into container,
close lid



GARBAGE

AMERIND

Native American
Homeowners and Renters
(NAHR) insurance coverage.

- ◆ Designed to protect home and personal property in the event of a covered loss.
- ◆ Choose what best fits your needs.
- ◆ Premium is based upon the limits of the property and coverage options you choose.

CALL (800) 352-3496

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Cooking Oil and Grease Clog Pipes
No one wants their sewage back.

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PROJECT Community Connect

Friday, October 3, 2025
10 am - 2 pm

The Salvation Army
150 SE Emigrant Ave, Pendleton, Oregon

This event brings resources together to serve all community members in need.

If you have any questions, please contact Robbin Swales, at 541-240-7420 or email rswales@capeco-works.org

The services we expect to have available at the event:

- Employment & Adult Education Services
- Haircuts
- Legal Help & Information about Expungement
- Supportive Services (Mental Health, Disability, Domestic Violence, DHS & more!)
- Pet Care
- Veterans' Services
- Health Screenings & Oregon Health Plan Application Help
- Housing Resources
- Children's Programs (Head Start, WIC & more!)
- Giveaways and Hygiene supplies
- Free Flu Shots by Good Shepherd Hospital

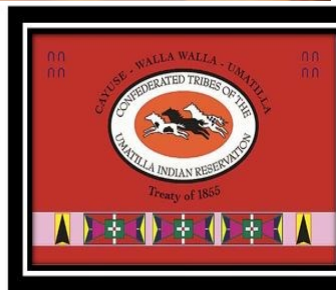
HOME HOPE

CAPECO
COMMUNITY ACTION PROGRAM OF EAST CENTRAL OREGON

FREE for CTUIR MEMBERS WILL-WRITING and ESTATE-PLANNING SERVICES

Documents that can be prepared

- ❖ Wills (distribute your property)
- ❖ Powers of Attorney (allows others to make decisions)
- ❖ Living Wills (detailed end-of-life decisions)



Call **NOW** for a confidential **VIRTUAL**
Appointment 541.429.7401

Learn About

- ❖ Why writing a will is important and what you can do with your will once it's written
- ❖ How to save your will in a secure place, for free
- ❖ Your lands and your options
- ❖ Your home and your options
- ❖ How to distribute your regalia
- ❖ How to reach the results you wish

Now making **confidential** appointments
please call 541.429.7401 or email maryguss@hotmail.com

CAPECO

COMMUNITY ACTION PROGRAM OF EAST CENTRAL OREGON



Our Mission is...

Assisting those in need by combating the causes and conditions of poverty to enhance well-being, dignity, and justice through direct delivery of services, partnerships, and advocacy.

SERVICES



Food & Nutrition



Homeless Services



Homeownership



Housing Stability



Independence



Utility Assistance



Weatherization



Senior Services

MORE INFORMATION

541-276-1926

CAPECO-Works.org



Serving Oregon's Umatilla, Morrow, Gilliam, Wheeler, Sherman, Wasco, and Hood River counties.

CAPECO Rev 07-2024

Next visit from Mary Gus
is October 23rd & 24th