

Housing office open Mon-Fri: 7:30-4:00 (closed 12:00-1:00 for lunch)

Phone: 541-429-7920

Email: housing@ctuir.org

Leave a message and we will call you back.

Emergency work orders (after hours, weekends & holidays): Call UTPD 541-278-0550

Maintenance Staff will be notified.

HOUSING DEPARTMENT STAFF

Resident Services: Kenneth Mitchell, Heather De Mary, Kimberly Hughes, Tina Baum

Administration: Paula Wagner-Bellingham

Procurement: Penny Bott

Maintenance: Tanner Michael, Lance Dick, Garrell Moore, Chris Marsh Sr.,
Marcus Conner, KC Picard, Tim Cain, Ron Snyder, Herbert Klatush

Grounds keeping: Tiya-Po Farrow

Bolster Lead: David McKay

Housing Director: Marcus L. Luke II

If you have comments or concerns, please feel free to send an email to the Housing Commission @ housingcommission@ctuir.org

Chair: Lindsey X. Watchman
Members: Melinda Alexander, Cami Lewis,
Tom Pierre, Sr. and Katrina Burnside

We meet on the 1st & 3rd Tuesdays each month (1-3pm)

CTUIR Treaty Day 2022
Wiyapnišamš (walk out, come into view)

June 9, 2022
9:00 AM - 1:00 PM

Location: Parade begins at BIA parking lot
Nixyáawii Warriors Memorial
Longhouse for lunch and program

Treaty themed exhibits will be featured in the Longhouse Annex after the parade. Please contact Alaina Mildenberger at extension 7500 or email alainamildenberger@ctuir.org if you would like to provide Treaty related information at this event.
Interested vendors, please contact Andrea Hall at extension 7523 or by email at andreaahall@ctuir.org.

Tribal Offices, including Housing, will be closed in observance of Treaty Day

Friday, June 10th.

Thank you, and have a wonderful weekend!



FRIDGE PHONE NUMBERS

Housing Department	541-429-7920
Animal Control (UTPD)	541-278-0550
Arrowhead	541-276-8080
BIA	541-278-3786
CAPECO	541-276-1926
Cayuse Tech	541-278-8200
Court	541-429-1970
DCFS	541-429-7300
Enrollment	541-276-7035
Governance Center	541-429-7134
Human Resources	541-429-7180
Kayak	541-429-7519
Mission Market	541-276-9082
Nixyáawii Financial Sv.	541-304-2387
Senior Center	541-240-8700
Tamastlikt	541-429-7700
TERF	541-276-4040
UTPD	541-278-0550
Veterans Svc. Rep.	541-429-7389
Wildhorse	541-278-2274
Wildhorse Shuttle	541-966-1930
Yellowhawk	541-966-9830
Cascade Nat. Gas	888-522-1130
Pacific Power	888-221-7070
Umatilla Electric	541-567-6414
Social Security Office	877-405-0480



Are you aware of the deductions available to you in the Income Based Housing Program?

Income Based Housing Income Deductions:

- If you are 62+ years or older, you could be eligible for medical expense deductions like: your paid medical bills and/or ongoing medical costs like medications. Medical bills must not be covered by insurance or Yellowhawk services to receive medical deduction.
- Do you pay for child care? If so, you could be eligible for a child care expense deduction up to \$1,200.

Call and speak to your Resident Service Coordinator

541-429-7920
Heather De Mary
Tina Baum



ATTENTION EMPLOYEES OF:

CTUIR, Wildhorse, Yellowhawk, Mission Market, Arrowhead, Hamley's, & Cayuse Tech.

"Bear" in mind: If you have NOT done so already, you must update your payroll deduct (PRD) to reflect TERF garbage fee increase. You should also be sure your PRD is up to date if you've had a recent rent increase. Contact your Resident Service Coordinator for assistance:

541-429-7920

Heather De Mary, Kim Hughes, Tina Baum



Please complete an application for **Emergency Rental Assistance (ERA)** this can assist with your **utilities, internet and rent!**

Stop by Housing to pick up an application, we are happy to assist you with any questions you may have! NOT just for Housing tenants, but for CTUIR tribal members within the service area. Please share this information with your family and friends that could benefit, and have them call Housing to see if they are eligible! 541-429-7920



June

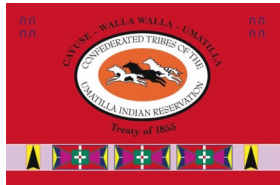


Housing Department Staff would like to congratulate

The 2022 Graduates of

- ◆ Nixyáawii Community School
- ◆ Pendleton High School
- ◆ Weston-McEwen High School
- ◆ Pilot Rock High School
- ◆ Blue Mountain Community College

May this milestone in your lives give you wings to fly as you move on to the next milestone!



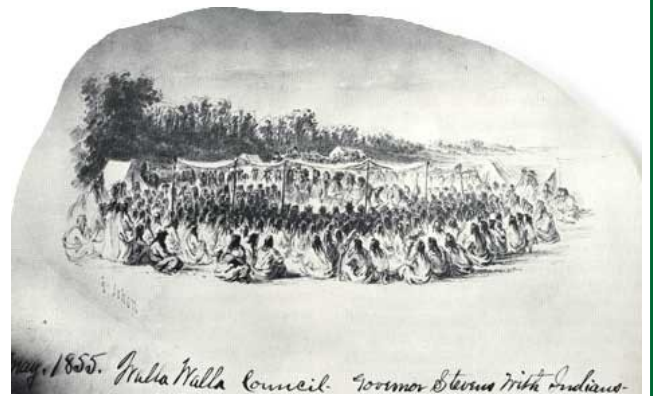
TREATY OF 1855

In 1855, the Cayuse, Umatilla and Walla Walla tribes and the U.S. Government negotiated a treaty in which 6.4 million acres were ceded in exchange for a reservation homeland of 250,000 acres. As a result of federal legislation in the late 1800s that reduced its size, the Umatilla Reservation is now 172,000 acres -- 158,000 acres just east of Pendleton, Oregon plus 14,000 acres in the McKay, Johnson, and McCoy Creek areas southeast of Pilot Rock, Oregon.

In Article I of the Treaty of 1855, the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) also reserved perpetual off-reservation rights to fish at usual and accustomed sites and to hunt, gather medicines such as roots and berries, and pasture livestock on unclaimed lands. Tribal Members continue to exercise these rights throughout the CTUIR's area of traditional use, which extends to and beyond harvesting fish at Willamette Falls in Western Oregon to hunting buffalo in the Greater Yellowstone Area, as they have since time immemorial.

While our lands and way of life have changed in the years since European contact, we hold strong to our ancestry and culture. Our traditional religion Washat, or Seven Drums, is still practiced by some tribal members. In the way of our elders who came before us, we worship, dance, drum, sing and continue to gather foods, treading along some of the same paths they did to find food for our families and tap into our rich heritage.

*Today in 2022, it's important to teach our children this historical information, and practice culture all year: dig roots, pick berries, hunt, fish in all our accustomed places, learn the language, know & practice our religion as much as you can, as our elders taught us.
Be well & Kuulth aw!*



As a friendly reminder, if there are any concerns or "issues" that arise and you don't know who to ask or speak to about a problem you witness in our community, please call Housing or UTPD. If you or someone you know possibly witness a crime, assault, dangerous or potentially dangerous circumstance, call CTUIR Tribal Police Department! We are grateful to the community members that want to see our homes safe and free from criminal activity, as many of us live within the boundaries of this community. Housing wants to do our part to be diligent, friendly, helpful, and always strive for a positive, safe future for our families and all the community!

~Thank you



COMMUNITY GARDEN & OSU EXTENTION PRESENTS
Guided by seed to supper methods
GARDEN EDUCATION

Join our team for educational and fun classes at Yellowhawk in Laxsimwit!
Limited to 12 spots

**SIX WEEK SERIES BEGINS JUNE 8
WEDNESDAYS, 5 - 7 PM**

To register or for more information contact
Leah Harris at 541.240.8729 or LeahHarris@yellowhawk.org
Guest Facilitator, Adrienne Berry



**Water
Aerobics**

Join Us!

Monday | Wednesday | Thursday
9:30 - 10:30 am
Wildhorse Resort Pool

Malia Colcord 541.443.2300 Leah Harris 541.240.8697



MEDICAL DEBT RELIEF

Dear Dr. Per Cap:

What's the status on medical debts and credit bureaus? I heard all medical debts will soon be deleted from credit reports.

**Signed,
Can't Wait**

Dear Can't Wait:

What you've heard is partially true. The three credit bureaus Equifax, Experian, and Transunion will begin removing about 70% of medical debts currently listed on their consumer credit reports beginning in summer 2022.

This follows a trend over the last few years of the bureaus and lenders taking a more lenient view towards medical debt. Due in part to large numbers of Americans who've been unfairly saddled with debts due to medical billing and insurance hang ups beyond their control. The situation has been even worse in some parts of Indian Country where bills from referrals and hospital visits to non-Indian Health Service providers have had a less than stellar track record of prompt payment.

The Covid-19 pandemic further underscored many of these problems and the bureaus have all finally agreed to make sweeping changes. However, not all medical debts will be deleted. Instead we're mostly talking about medical debts that went into collections but were eventually paid off. In the past those paid collection accounts stayed on a person's credit report for up to seven years and did damage to credit scores.

This is good news for many folks. However, if you've got current medical debts (in collections or held by another party) on your credit report that haven't been paid off, chances are they aren't going anywhere until that happens.

So if those debts are the responsibility of a third party, like an insurance company, Indian Health Service, or a tribal health provider, make sure to contact those organizations to get them paid off as soon as possible.

Another change relates to when unpaid medical collections are first listed on a credit report. That time frame will now be one year from when those accounts are sent to collections. This is six months longer than the previous policy which will hopefully give consumers more time to work through red tape.

Remember collection companies buy old debts from creditors for a fraction of their original outstanding balance. Whatever they manage to collect from the consumer above that amount is money in their pockets.

Also on the horizon will be the handling of small dollar medical collection debts. Those less than \$500 won't be listed on credit reports. I can't tell you how many people I've worked with over the years that have been denied credit due to unpaid bills for x-rays, lab tests, and other medical costs under \$500 that show up on credit reports.

Here's to good health in the years to come – both physical and financial!

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation. For more information, visit www.firstnations.org. To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.

June



It's just like squirting liquid cheese on nachos.

SAFETY FIRST

June is National Safety Month

FIRE SAFETY REPORTS

KNOW HOW TO USE A FIRE EXTINGUISHER
FOLLOW THE ***P*A*S*S*** WORD
PULL *AIM *SQUEEZE *SWEEP

National Military Appreciation Month

- In 1999 Senator John McCain introduced legislation to designate the month of May as National Military Appreciation Month
- May is characterized by six national observances highlighting the contributions of those who served
- Citizens are encouraged to observe the month as a symbol of unity

Be Tick Smart

Tick Hot Spots

It takes 5-6 hours for a tick to become firmly attached & up to 10 days for it to become fully engorged with blood.

Tick Life Cycle

Ticks live for 2 years and only feed 3 times requiring a blood meal to progress to each successive stage in the life cycles.

Where Ticks Live

Ticks don't jump, fly or drop from trees onto your head. They live in grassy, bushy areas and crawl up their host and try to attach around the head or ears.

Sunday, June 19th

JUNETEENTH CELEBRATE FREEDOM

Happy Father's Day
Sunday, June 19th

The Family Strength Program is having a

Summer Safety GRAB & GO

Monday, June 13, 2022
1 pm to 4 pm or until supplies are gone
Entrance of Yellowhawk Tribal Health Center

YELLOWHAWK
TRIBAL HEALTH CENTER
BEHAVIORAL HEALTH

Please contact Sierra Quaempts for questions at 541.240.8677 or sierraquaempts@yellowhawk.org

TERF

TRIBAL ENVIRONMENTAL RECOVERY FACILITY

FRIENDLY REMINDER - TERF CHARGES:

- ⇒ \$33 Monthly collection service
- ⇒ \$10 Excess trash
- ⇒ \$5 Un-bagged, loose trash

For facility Rates go to <https://ctuir.org>
Open Monday—Friday 7:30-3:45
TERF 541-276-4040

PLEASE RECYCLE

JUNE 21, 2022
First Day of Summer

“In the Northern Hemisphere, the June solstice, (aka summer solstice) occurs when the Sun reaches its highest and northernmost points in the sky. It marks the start of summer in the northern half of the globe. (In contrast, the June solstice in the Southern Hemisphere is when the Sun is at its lowest point in the sky, marking the start of winter.”

[Summer Solstice 2022: Celebrate the First Day of Summer | The Old Farmer's Almanac](#)